

Waltham Forest LMC News Update – February 2020

Chair: Prof Gabriel Ivbijaro, MBE - Vice Chair: Dr Michal Grenville

Welcome to our first news update for 2020.

We know that it has been a hard year for the NHS and for General Practice in particular. We want everyone to remember that the LMC is here to support you if you ever need it. The LMC reps are listed to the right of this page and contact details can be found at the end of this message. Please don't hesitate to get in touch if you have an issue that you think we might be able to help with.

1. PCN DES

Thank you to everyone who responded to the survey, where 88% of the feedback stated that the NHS E&I draft specifications would decrease PCN stability and 94% saying that they would decrease practice financial stability. At a subsequent GPC meeting where an emergency motion to hold a Special Conference of LMC representatives received overwhelming support. We let you have more details on the conference once arrangements have been made.

2. Supplementary Network Services (SNS)

The LMC are negotiating the SNS contract to ensure it is fit for purpose to stabilise Waltham Forest general practice.

3. Reverting to GMS contract

Many practices in Waltham Forest will no longer receive transition payments from April 2020 and we wondered if you have considered reverting to a GMS Contract? The GMS contract offers greater stability and security than PMS agreements and not subject to local negotiation. The BMA has produced a [PMS GMS comparison document](#), which you may find useful or you could contact the GP Support Team at Londonwide LMC (GPSupport@lmc.org.uk).

4. Digital First update

Practice/patient improvements -NHS England London region mandate for all practices to offer online consultation by April 2020. LMC currently in discussion with NEL STP teams and have raised need to invest in change management and mapping of different clinical/IT systems. LMC will continue to meet with NEL STP to establish how practices will be supported with offering online consultation to patients including exploration of patients/service users decision making.

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Waltham Forest LMC members

Prof Gabriel Ivbijaro, MBE (Chair)
Dr Michal Grenville (Vice Chair)
Dr Adam Borowski
Dr Nausheen Hameed
Dr Dinesh Kapoor
Dr Sanjoy Kumar, MBE
Dr Dapinder Rattan
Dr Abdul Sheikh
David Samuel, Practice Manager

To get in touch with your representative or to raise any matters with the LMC contact Wendy Walker (wendy.walker@lmc.org.uk) or telephone 020 3818 6262.

GP Support

The GP Support Team are here to provide advice and support to any practice or individual GP.

To raise any confidential matters regarding your practice contact GPSupport@lmc.org.uk or visit their page on our [website](#) for further contact details.

5. Londonwide LMC Conference – Let's Stick Together

Booking is now open for the Londonwide LMCs' 2020 annual conference, 'Let's Stick Together' at The Brewery on Tuesday 10 March 2020. The free to attend conference will focus on a number of areas including:

- Transformation and collaboration
- People and the profession
- Patients and access
- Practical resources to help practice teams.

The full programme for the day will be available soon and will include further information on keynote speakers and workshop presenters. Please click on the link for more information and to [book your place](#).

6. Motions for LMC UK Conference – 6/7 May - York

A Waltham Forest LMC representative will attend the conference in York and motions are currently being compiled. If you have any suggestions for the UK specific motion please contact your LMC representative by the deadline of **Wednesday 19 February**. Details of LMC reps can be found on the right of the first page of this newsletter or you can contact the LLMC Offices where details are at the end of this update.

7. LMC achievements for 2019:

We thought we we'd start by updating on the LMC highlights from last year:

Safeguarding reports

Agreement has been reached for the completion of reports and a Safeguarding LIS will be rolled out across NEL from April. Negotiations are still taking place on the date when payment should start and we ask that you keep records of all completed safeguarding reports as there is a possibility of backdated payments.

Off licence medication requests

Agreement was reached with NELFT where GPs will no longer be asked to prescribe mental health drugs off licence. Please inform the LMC if you receive any further requests.

8. Direct Booking of 111

Discussions are taking place as patients could be booked in without being clinically assessed.

9. Access to online records

Patient access to online records will come into effect from April and there are concerns on risks and the ability of redaction system. We will be working with NHS England and LMC Law to reach a solution.

LEAD Events

Londonwide Enterprise Ltd (LEL) was set up to provide affordable, high quality training and educational events for practice teams.

The Learning Education and Development (LEAD) team is always keen to hear what training is really needed on the ground – get in touch with any ideas by emailing lead@lmc.org.uk

Upcoming Events:

Employing and providing staff in Primary Care Networks
09:30am - 12:00pm – Thursday 20 February

The NHS Pension Scheme – getting to know your pension
1:00pm – 4:00pm – Thursday 5 March

Effective medical chaperoning
09:30am – 12:30pm – Thursday 12 March

UK LMC Conference – 6/7 May

LMCs will be discussing motions for conference at their upcoming meetings. Please feel free to get in touch with your rep with any ideas you would like to propose.

10. NHS App

The NHS App provides a simple and secure way to access a range of healthcare services on your smartphone or tablet. Developed by NHS Digital and NHS England, it is fully integrated in all EMIS and TPP practices across England. Once registered, patients can:

- Check their symptoms using NHS 111 and the symptom checker
- Book and manage appointments at their GP practice
- Order their repeat prescriptions
- Securely view their GP medical record
- Register as an organ donor
- Choose whether the NHS uses their data for research and planning

More information is available at <https://digital.nhs.uk/nhsapp>.

11. Beam to LMC

Beam to LMC is a mobile app to help hard-pressed GPs and practice teams to highlight the pressure they're under from commissioners and others by taking control of their workload and sharing those requests in real time. Click on the link for more details to [Beam to LMC](#)

12. Observers Welcome / Get in touch

The LMC welcomes observers, if you would like to come to a meeting and see what we do or if you want to receive regular information on conferences etc., please contact us.

13. Healthy weight strategy

Waltham Forest Public Health is forming a healthy weight strategy where complex issues to weight is being looked at the develop a whole system approach. A workshop has been arranged for Thursday 27 February at Chingford Assembly Hall, Station Road, Chingford E4 7EN from 9:30 - 3:00pm Walthamstow Library to allow partners to consider vision and become involved in mapping the service. For further details and to book your free place please click [here](#) or email Nicola.Ellis@walthamforest.gov.uk.

14. Change Grow Live (CGL) Substance misuse training

Change Grow Live (CGL) Waltham Forest are pleased to announce upcoming dates for free to attend substance misuse training for all partner agencies within the borough of Waltham Forest. Sessions will include:

09.30 – 11.15 – Intro to CGL Adults and YP Service / Basic substance misuse

11.30 – 13.30 – Medicine Optimisation / Clinical Pathways – This session will be delivered by CGL clinicians and will outline support for prescribed medication addiction, post detoxification prescribing and dual diagnosis pathways.

14.00 – 16.00 – Working with substance misuse (difficult conversations)

- This session will explore how to navigate difficult conversations with service users who may be misusing substances.

The training will be held at Epping Forest Hotel, 30 Oak Hill, London IG8 9NY and sessions can be booked on Eventbrite using the links below for your preferred day:

[Wednesday 26 February](#)

[Wednesday 27 May](#)

[Wednesday 30 September](#)

Tea and coffee will be available although lunch will not be provided.

15. Barts Health – sexual and reproductive healthcare training

The following training is available from Barts Health:

Protected Learning Time

Thursday 13th February 2020

13:00 – 15:00 - Part 1: STI screening (*with a focus on HIV*)

15:00 – 17:00 - Part 2: Contraception update (incl. LARC Fitters Forum)

BASHH Sexually Transmitted Infection Foundation (STIF) course

Thursday 12th & Friday 13th March 2020

HCA Training session

13:00 – 15:00 - Monday 9th March 2020: 13:00 - 15:00

Protected Learning Time

Update on STIs and Contraception in 2 parts

13:00 – 17:00 - Thursday 13th February 2020

If you are interested in finding out more please contact:

- BHNT.Advice-Sexual-Health-Barts@nhs.net

Contact us

Waltham Forest Local Medical Committee, Londonwide LMCs, Tavistock House, Tavistock Square, LONDON WC1H, 9HX. www.lmc.org.uk

The next LMC meeting takes place on Thursday 12 March 2020.

Waltham Forest LMC Team

Prof Gabriel Ivbijaro MBE, Waltham Forest LMC, Chair

Dr Michal Grenville, Waltham Forest LMC, Vice Chair

[Dr Elliott Singer](#) - Medical Director

[Greg Cairns](#) - Director of Primary Care Strategy

[Dami Akanbi](#) – Assistant Director, Primary Care Strategy

[Wendy Walker](#) - Committee Liaison Executive

Dates of Future 2020

Meetings:

Thursday 14 May 2020

Thursday 9 July 2020

Thursday 10 September 2020

Thursday 12 November 2020

Disclaimer: This publication is written for healthcare professionals in Waltham Forest and information may not be appropriate for use elsewhere. Editorial comments do not necessarily represent the views of the LMC.